

Bridges Community Training Sessions

Poverty is a common denominator for many sectors in society. Its impact is felt by a wide range of entities, including schools, healthcare providers, social services, food services, faith communities, police and other first responders, courts, correctional facilities, workforce development, employers and government.

The Bridges model operates on the law of attraction: If you like this approach, then take ownership of the ideas and apply them where you live and work. Your innovations can impact the lives of people in poverty, improve the outcomes of your organization, and help build a broad community initiative.

Poverty is a complex problem that demands a comprehensive approach. And therein lies the challenge. Poverty is not resolved with a single program or even set of programs, because there so many variables. Bridges is not a program. It is a set of constructs that can be applied in many settings and in many ways.

Community Training Sessions are now being offered for business, industry, schools, colleges, city employees, churches, healthcare, first responders, local service providers and interested community volunteers. Learn about Bridges Tools and Strategies, Mental Models for Poverty, Middle Class and Wealth, Hidden Rules Among Classes, Explore the Eleven Resources, and the Getting Ahead curriculum for under resources individuals.

The Training Sessions can be tailored to specific timeframes ranging from 1 hour to 6 hours. The sessions contain case studies, simple exercises, testimonials and real solutions. It will help you and your organization discover why "middle class" solutions to poverty do not produce the results we are looking for and what works! This free training session will change the way you view poverty forever and provide you with tools and strategies to implement within your organization.

Sessions Include:

Understanding the Complexities of Poverty (1-2 hours)

This session provides an overview of the Bridges Model as it relates to the Individual. The following concepts are reviewed: Social Cognitive Theory, Mental Models of Economic Class, the Causes of Poverty, Hidden Rule Among Economic Classes, the Eleven Resources, Registers of Language, Household Dynamics, and Creating Relationships & Tools.

<u>Implementing the Bridges Model Within Your Organization</u> (1-2 hours)

This session walks an organization through the Bridges Model as it relates to an organization. This could be an agency, nonprofit, church, or business. Concepts that are reviewed include: Client Life Cycle, Organizational Impact on the Client (Changing Behavior vs. Changing Rapport), the Theory of Change, Stages of Change and Motivation, Institutional Resources, Poverty Research Continuum/Policy & Procedure.

Implementing Bridges as a Community Collaborative (1-2 hours)

This session discussed the Bridges Model as a community wide comprehensive approach to reducing poverty. An overview of the following is provided: Getting Ahead curriculum series, Staying Ahead Network, Bridges Steering Committee and Community of Practice, and Influencing Policies to Remove Barriers at the local, state and national level.

About the Trainer

Mary Cacioppi, Executive Director at One Body Collaboratives has earned the Bridges Out of Poverty Trainer Certification. Mary's certification included in-depth work on the Bridges Out of Poverty and Applying Bridges Concepts strategies and constructs. Additional certifications that Mary has achieved include: Certified Facilitator of the Getting Ahead and Getting Ahead in the Workplace curriculums.



Book Your Training

Book your Bridges Community Training Session today, by contacting Mary Cacioppi by email at Mary.Cacioppi@OneBodyCollaboratives.org, or by phone at 815-985-1311.