

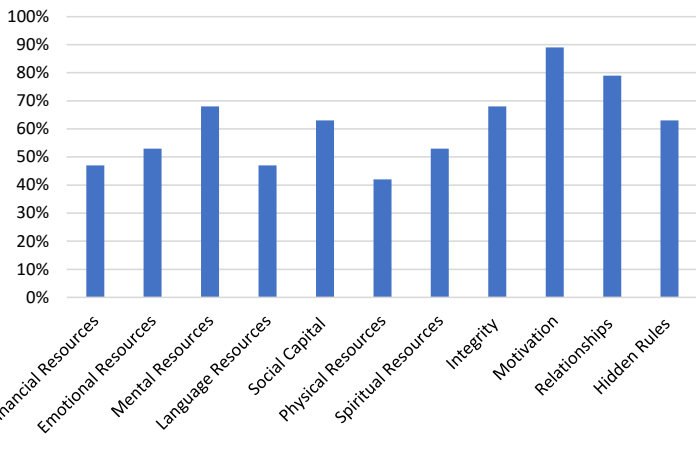


## Participant Results

5 Cohorts; 19 Total Graduates  
 Hosted at: Bergstrom, Life Church, NiReach,  
 Rockford MELD and One Body Collaboratives



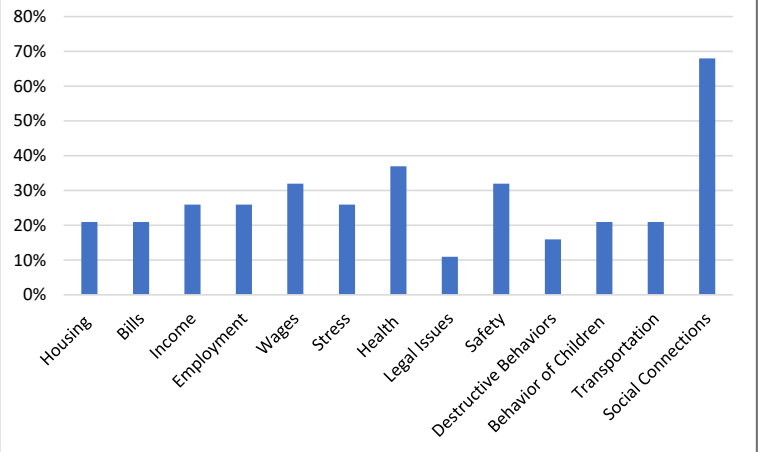
**Resource Increase by Graduates**



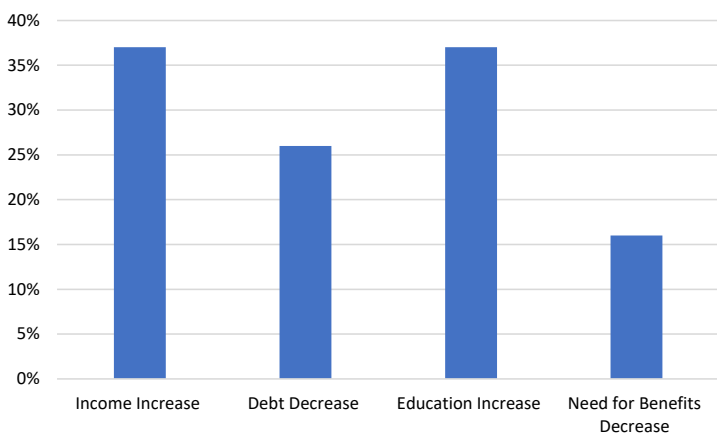
Getting Ahead Participants learn that financial resources are just one area of resource in everyone's life. They complete an extensive assessment of their resources in these key areas. They also learn how to leverage areas where they are lower in resource with areas where they are higher. The chart to the left represents increases in resources by the participants at the conclusion of the classes. We will continue to survey the graduates every six months to document additional increases over time.

We also measure Stability increases of the graduates. The chart to the right represents the percent of graduates who had increases in these areas. Additional ROI indicators are noted in the chart below. 38% of our graduates indicated an increase in income and an increase in education. 26% said they had a decrease in debt and 16% noted a decrease in the need of State or Federal benefits. As with the Resource increases, we will continue to survey the graduates every six months to document additional stability and ROI increases over time.

**Stability Increases by Graduates**



**ROI Indicators for Graduates**



### Additional Results

- 94% indicated they made progress on the goal areas they set at the beginning of the classes
- 100% identified additional tools or resources to support them in reaching their goals
- 100% would recommend the class to others

### Hope Ranking

Our Graduates are hopeful about their future!  
 Graduates ranked their hope:  
 71% = Very Hopeful  
 29% = Hopeful  
 0% = Not Hopeful

Graduates responses to: "What have you done differently as a result of taking this class?"  
 Focused more on my future, specifically education and finances.  
 Budgeted better, focused on paying off debt, hoping and thinking about my future.  
 Got motivation from the group to not give up. Managed my time better.  
 Set goals and looked more closely at different parts of my life.

**For more information on this program. visit our website at: [www.OneBodyCollaboratives.org](http://www.OneBodyCollaboratives.org).**

## Participant Data Profile

<b>Education</b>	
Some High School	42%
GED	16%
High School	5%
Some College or Technical Training	26%
2 yr Degree	11%
4yr Degree	0%
Graduate School	0%
<b>Marital Status</b>	
Married	0%
Separated	21%
Divorced or Widowed	16%
Living w/SO	11%
Never Married	42%
Other	10%
<b># of Hours Working</b>	
Not Working	68%
< than 15hrs/week	0%
15-19 hrs/week	0%
20-30 hrs/week	5%
30-40 hrs/week	11%
> 40 hrs/week	16%
Retired	0%
<b>English Proficiency</b>	
None/Limited	11%
Some Support Needed	0%
No Support Needed	89%
<b># of Down/Discouraged Days Per Month</b>	
None	37%
1-2	37%
3-4	11%
5+	15%
<b>Housing Status</b>	
Homeless and not in a shelter	0%
Emergency shelter	0%
Transitional housing	32%
Subsidized housing	37%
Rental housing, non-subsidized	26%
Own home	5%
<b>Housing Affordability</b>	
Paying more than 50% of my income	16%
Paying less than 50% of my income	26%
Paying less than 30% of my income	26%
Not paying rent and living with others	11%
Not sure	21%

<b>TransportationAffordability</b>	
Paying more than 50% of income	5%
Paying less than 50% of income	16%
Paying less than 30% of income	32%
Have tokens or subsidized transportation	11%
Not sure	26%
<b>Child Care</b>	
Not available	16%
Not needed	68%
Available but does not meet my needs	0%
Available and adequate with subsidy	5%
Available and adequate without subsidy	0%
<b>% of Graduates Who Indicated Yes</b>	
Checking Account	63%
Savings Account	42%
Reliable Transportation	84%
Plan for how you are going to get out of poverty?	58%
A safe and stable place to live?	100%
Health insurance for yourself?	79%
Health insurance for your children?	47%
Health insurance for all your family?	53%
A friend who will help you in crisis?	63%
A family member who will help you out of a crisis?	63%
A drivers license?	63%
Do you struggle to survive each day?	32%
Do you think about your future?	84%
Do you think about your children's future?	68%
Do you have mental health concerns?	86%
If yes, do you have a plan to treat them?	32%
Do you have physical health concerns?	42%
If yes, do you have a plan in place to treat them?	88%
Do you and your children feel safe from violence?	68%
Make decisions based on future outcomes rather than your immediate feelings?	63%
<b>Current satisfaction with life overall</b>	
Discouraged and Dissatisfied	0%
Somewhat Discouraged	12%
OK but struggling	48%
Good	12%
Hopeful and moving forward	28%
<b>How aware are you of the available resources in your community?</b>	
Not aware at all	21%
Somewhat aware	63%
Aware of many	16%